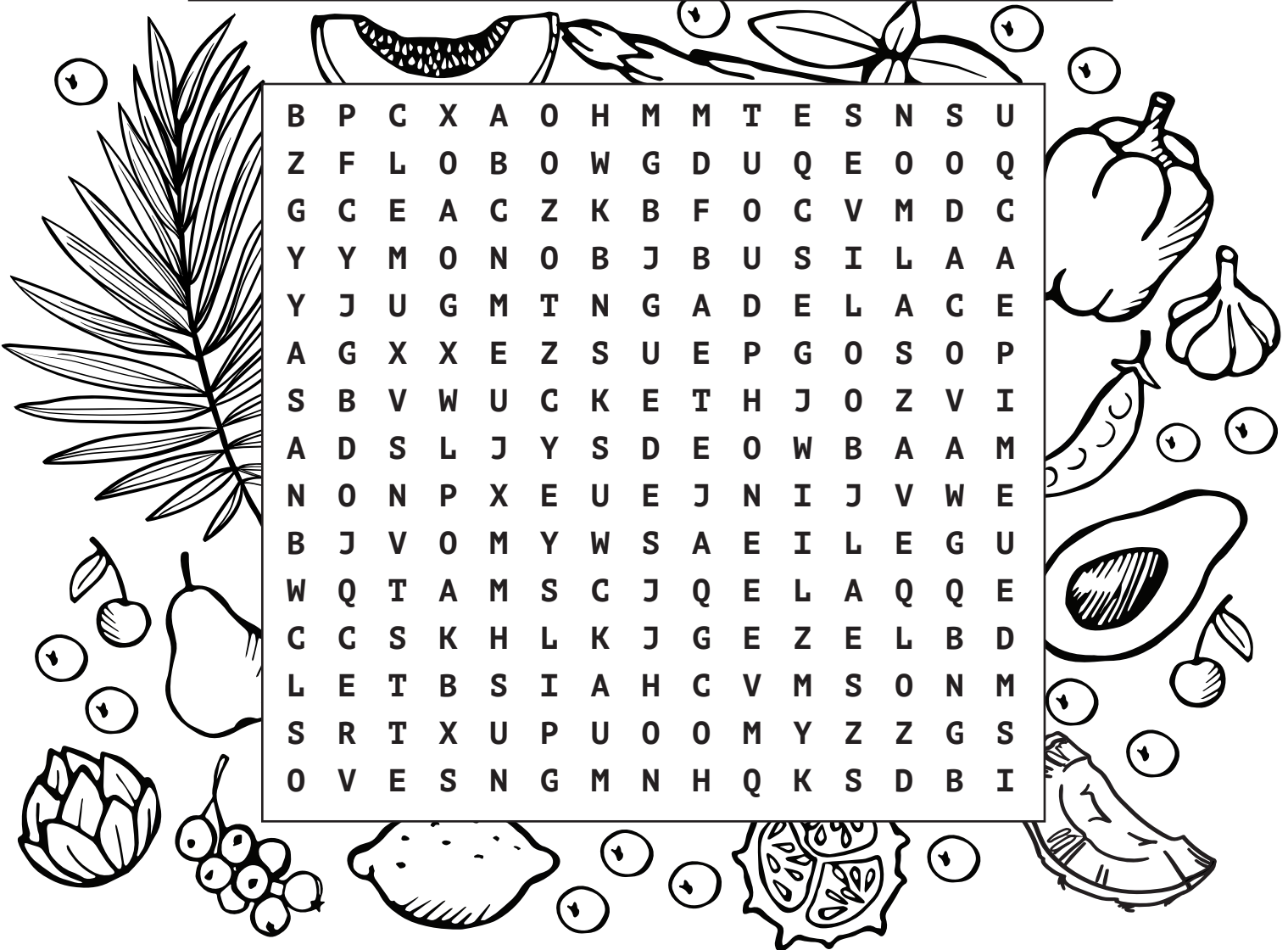


POWER KIDS

ACTIVITY SHEET

GOOD FATS

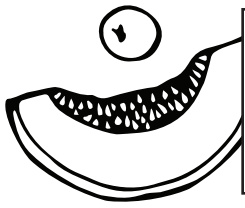


B	P	C	X	A	O	H	M	M	T	E	S	N	S	U
Z	F	L	O	B	O	W	G	D	U	Q	E	O	O	Q
G	C	E	A	C	Z	K	B	F	O	C	V	M	D	C
Y	Y	M	O	N	O	B	J	B	U	S	I	L	A	A
Y	J	U	G	M	T	N	G	A	D	E	L	A	C	E
A	G	X	X	E	Z	S	U	E	P	G	O	S	O	P
S	B	V	W	U	C	K	E	T	H	J	O	Z	V	I
A	D	S	L	J	Y	S	D	E	O	W	B	A	A	M
N	O	N	P	X	E	U	E	J	N	I	J	V	W	E
B	J	V	O	M	Y	W	S	A	E	I	L	E	G	U
W	Q	T	A	M	S	C	J	Q	E	L	A	Q	Q	E
C	C	S	K	H	L	K	J	G	E	Z	E	L	B	D
L	E	T	B	S	I	A	H	C	V	M	S	O	N	M
S	R	T	X	U	P	U	O	O	M	Y	Z	Z	G	S
O	V	E	S	N	G	M	N	H	Q	K	S	D	B	I

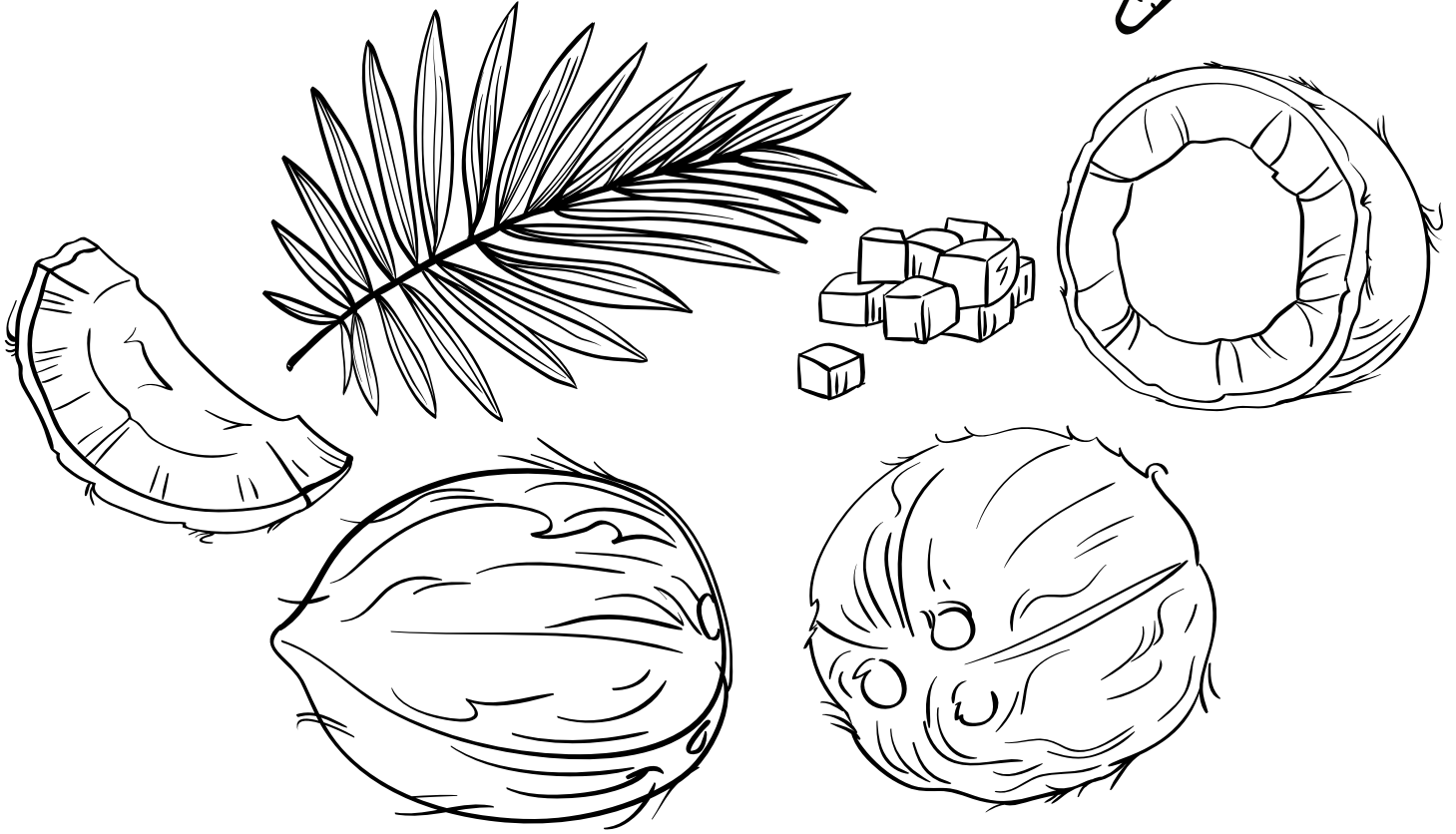
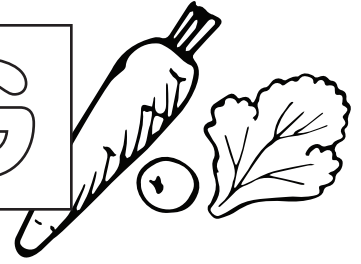
ALMONDS
OLIVES
AVOCADOS

PLANTS
COCONUTOIL
SALMON

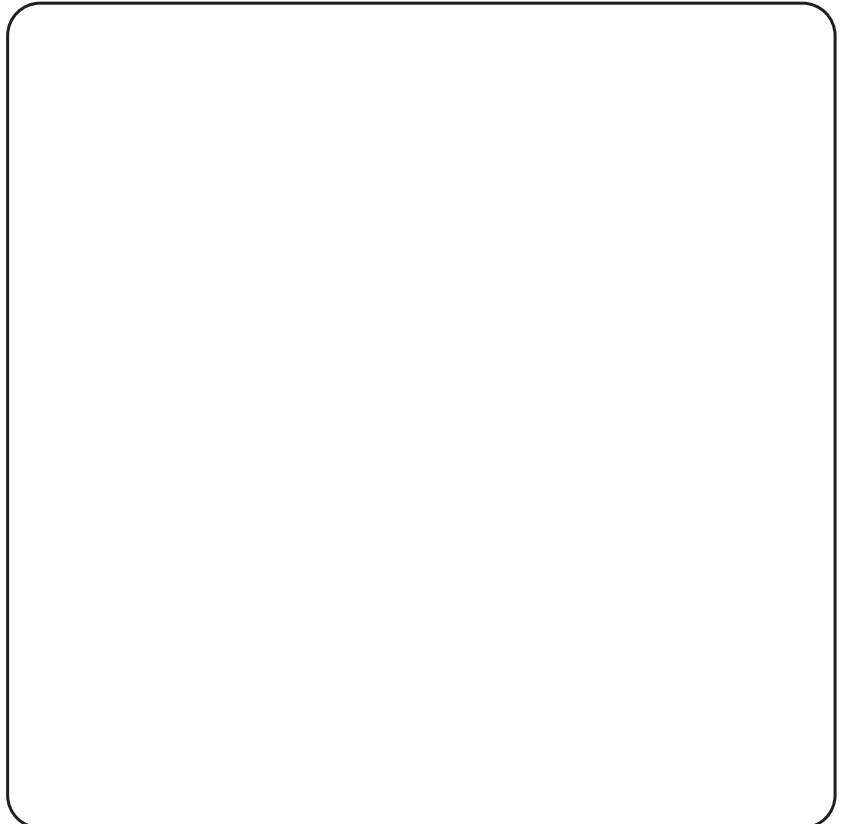
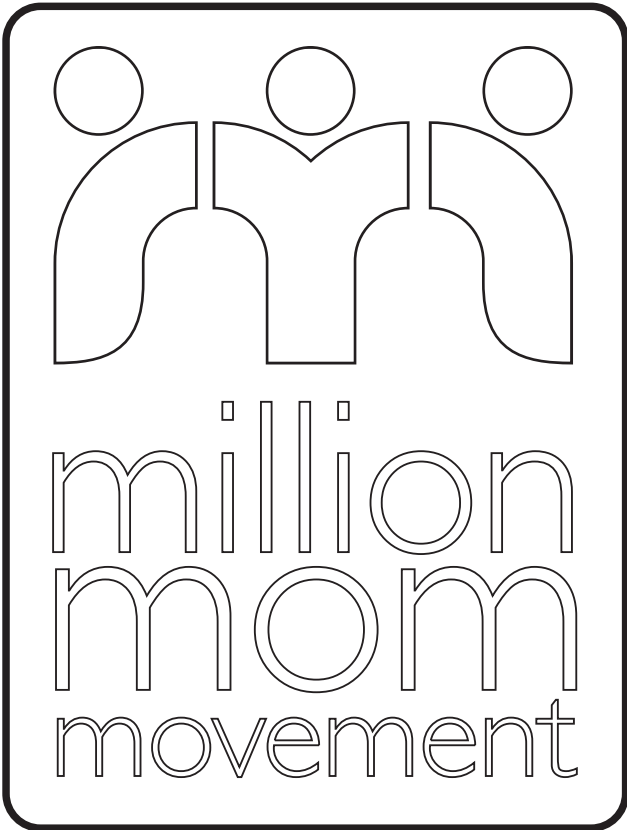
GHEE
SESAMESEEDS



COLORING

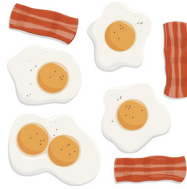


**DRAW AND COLOR YOUR FAVORITE
FOOD PRODUCT/SNACK:**



MATCHING GAME

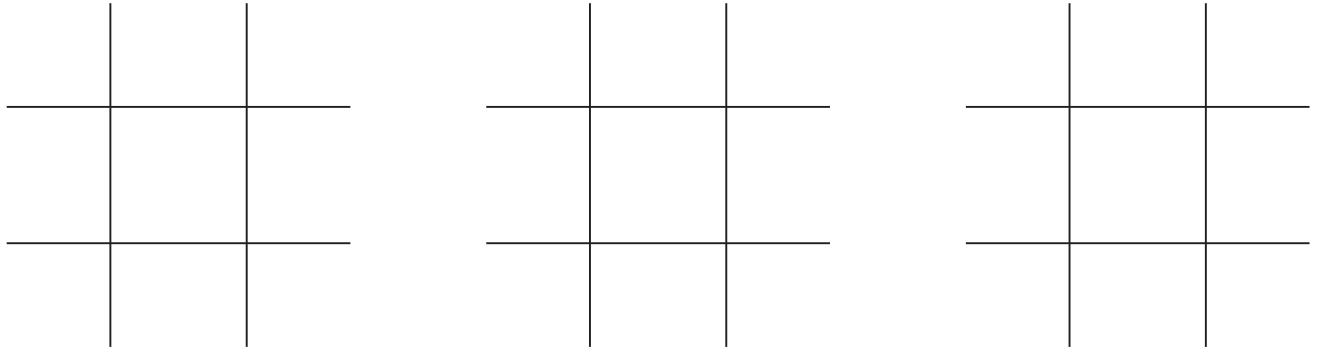
DRAW A LINE FROM THE FOOD ITEM TO THE CORRECT TYPE OF FAT



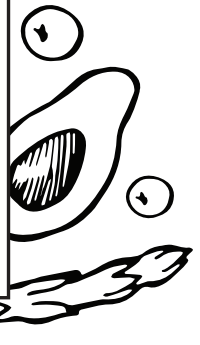
WRITE THE GOOD FAT ITEMS ON THE LINES BELOW:



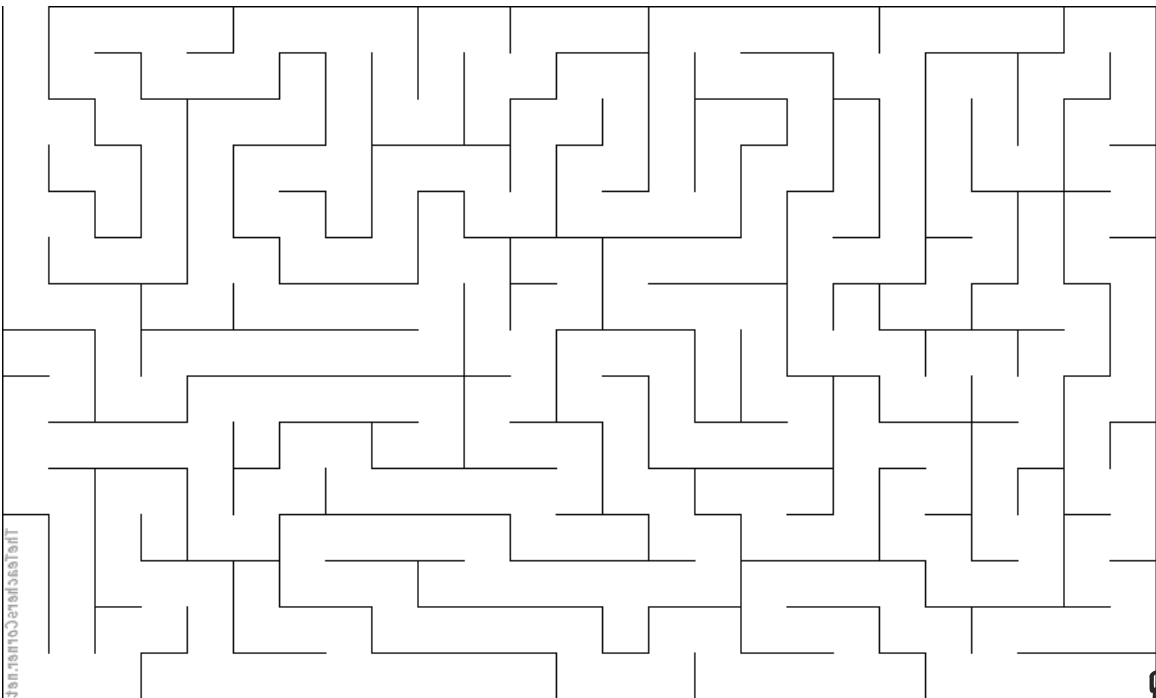
TIC TAC TOE



GOOD FATS MAZE



HELP THE KIDS GET TO THE COCONUT OIL!



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